

Saturday August 27, 2016







Lunch

BBQ Glazed Drummies

Ravioli

Veggie Shepherd's Pie Lacto Vegetarian

Southwestern Pasta Vegan

Item	Calories	Sodium	Protein	Fat	Carbs	Cholesterol	Fiber
BBQ Glazed Drummies (3 pc)	190	480mg	19g	13g	3g	85mg	0g
Ravioli  	335	900mg	9g	16g	38g	25mg	4g
Veggie Shepherd's Pie  	140	300mg	6g	1g	26g	0mg	8g
Southwestern Pasta  	200	303mg	7g	1.5g	40g	0mg	2g